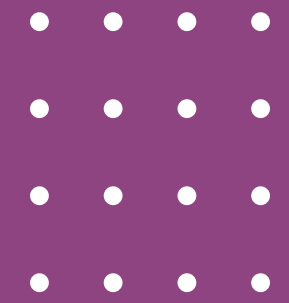


# ANNUAL REPORT

Fiscal Year Ended  
March 31, 2022

Voice Found.





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- 



81 vaccines



325 hours of therapy



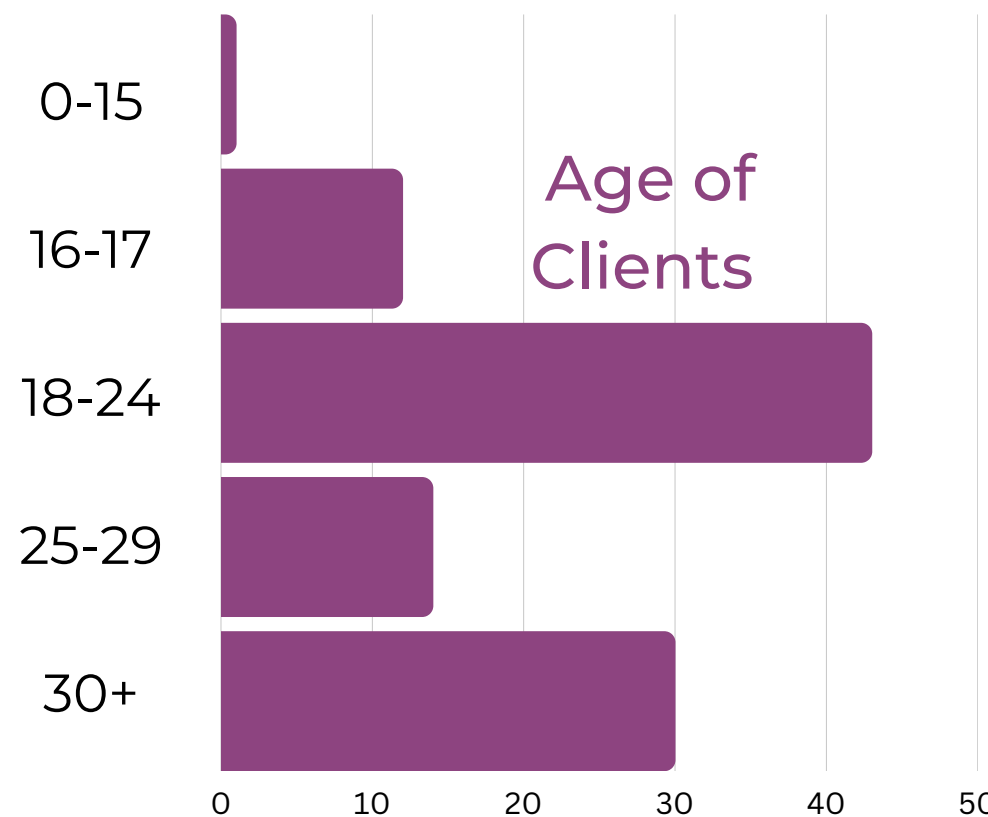
513 in person appointments



410 virtual appointments

# Specialized Healthcare

Our health clinic was very busy with the number of appointments increasing by **132.5%** over the previous year. The establishment of virtual healthcare within the clinic at the start of the pandemic served us well and was particularly helpful when the truckers convoy effectively closed access to our clinic at the end of January.



Services at The Clinic are by appointment only, and clients tell us they feel safe and heard by the team. Many other service providers in the city bring their clients for trauma-informed health care and we are grateful to be able to offer this support.

**923** Appointments



Our thanks for the support of  Ministry of Children, Community & Social Services

# Human Trafficking Programs and Services

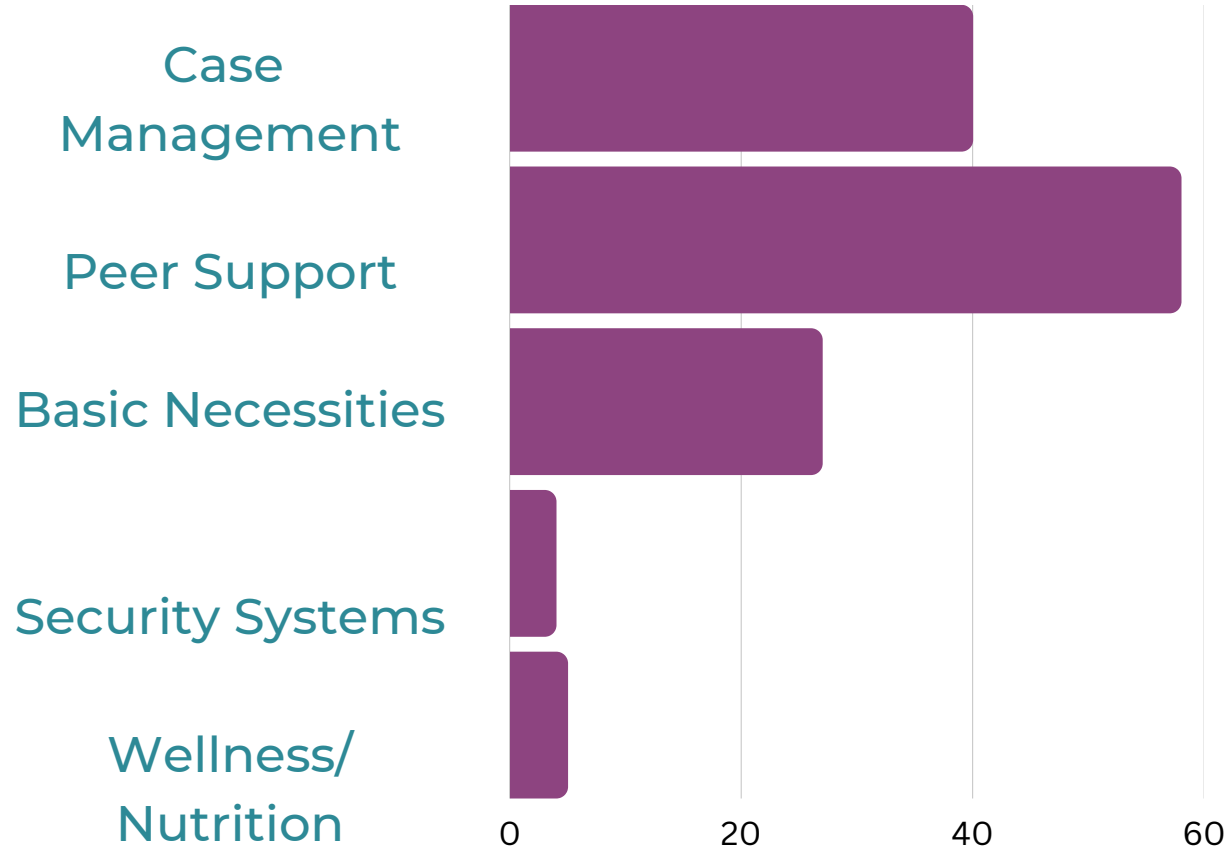
Service provision continued uninterrupted during the COVID-19 pandemic with support provided to 68 people.



Fiscal Year 2021 - 2022

46.4% of those we served were aged age 16-24

65% remained exited from trafficking.



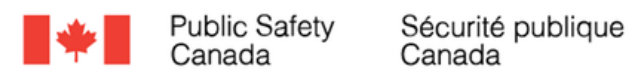
*Through the **Hope Found Project** we provide crisis, intervention and stabilization.*

***Path Found** is our second-stage programming that helps survivors regain their self-direction and autonomy.*

**68** people supported



Our thanks for the support of



# Support for Adult Survivors of Childhood Sexual Abuse



Launched during the pandemic - this program has made a significant difference in the lives of adults who were sexually abused as children/youth.



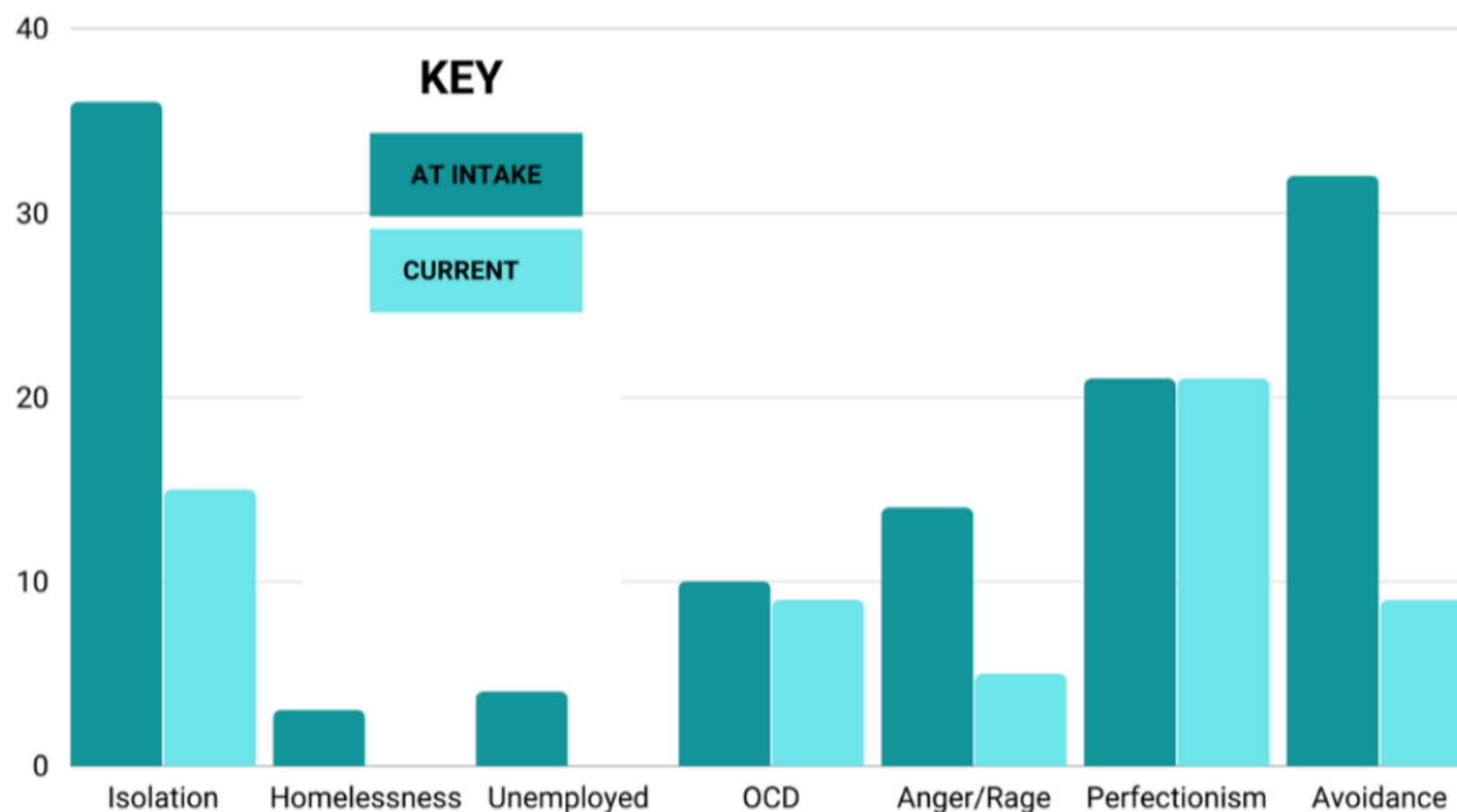
5700 hours of 1:1 peer support delivered



6 15-week peer group programs delivered

**99** Program Members

**Strength Found.**



## HIGHLIGHTED IMPROVEMENTS

100% improvement in homelessness and unemployment.

Significant reductions in the following:

- suicidal ideation
- anger/rage
- isolation
- suicide attempt
- avoidance
- alcohol use
- self-harm
- anxiety

Our thanks for the support of





# Training and Education

We delivered training virtually to a number of audiences throughout the fiscal year. We were honoured to be selected to train staff of the Ottawa Carleton District School Board and to continue our work with the Police College.



22 lived experience training sessions

10

Service Providers hired us to provide consulting

## Lived Experience Training Delivery

#	Topics	Attendees
2	🌈 LGBTQ+ youth, HT	80
4	OCDSB - HT	470
2	Advanced HT	18
5	HT 101	119
5	Police	125
4	CSA Prevention	70

## Speaking Engagements

Meeting Professionals Against Human Trafficking Event  
Accenture  
CHEO  
Trauma Conference  
Gatehouse

1,728 People reached

Education.

Our thanks for the support of



An agency of the Government of Ontario  
Un organisme du gouvernement de l'Ontario



# What we've heard.....

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## About The Clinic

A Toronto specialist starting to care for **trans youth** stated; “Thank you for providing compassionate care for this client. Having a cooperative prescriber has been shown to have a big positive impact on mental health for trans clients, including **decreasing the suicide risk considerably.**” Medical Professional

## About our Training

"Great presentation. **Very powerful.** Having people with **lived experience** is very moving and really drives home why we need to aggressively work HT files." Participant at RCMP Training

## About our Organization

"Informed - **survivor led; compassionate** programming; accessible; flexible; **a leader** in this industry; always available to consult; I think that you have done incredible work with this organization from where it started to where it is now and have continued to be respected and sought after as **experts in your field** - nothing but good things to say about the staff and the program direction and development to ensure you continue to meet the needs of survivors” Service Provider

## About Strength Found

“ I truly appreciated the program and the facilitators. I have already informed my doctor that she should recommend it to other patients who might need help. I also informed my therapist that it should be recommended to others.”

“I am so glad to have a peer supporter to assist me in my healing journey. They allow me to have an ear to help process my issues.”

Survivor - Program Participant

## About Path Found

“I am extremely grateful to be a part of this program because I feel genuinely cared for, protected, empowered, and safe. This program has been very helpful to me because I made strong connections to others, which healed me very much. This is teaching me to help myself as well as others. I also love that my culture feels truly respected because I had real trouble finding culturally sensitive programs/help/care for the past couple of years and that was hard because it felt way more traumatizing than helpful. Now, I feel like a large weight has been lifted off my shoulders because I could let my guard down long enough to feel safe and experience healing through Path Found.”

Survivor - Program Participant

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# Board of Directors

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Our thanks to our dedicated board of directors.

## Voted in at AGM September 2021

Stacey Kirkpatrick, Chair  
Peter Hamer, Director  
Allison Pratt, Director  
Stephanie Izzard, Director  
Stephanie Montreuil, Director  
Pouya Safi, Treasurer

## Welcome to new board members

Lori Stanley, Director  
Ed Mantler, Director

## We'd like to thank the following who completed their terms in the fiscal year

Frank O'Driscoll  
Katie Dolan  
Tony Palermo

# Service Providers

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We are fortunate to work with many exceptional service providers in Ottawa, and across Canada. A special shout out to the following;

YouTurn	The Gatehouse
Ottawa Victim Services	Salvation Army Illuminate ReSet
The Ottawa Hospital	Calgary
Youth Services Bureau	Ottawa Centre for Resilience
CHEO	Renfrew County Victim Services
Embrace Life Council	A New Day
John Howard Society	Ottawa Police HT Unit
Respect RX Pharmacy	Freedom from Addiction
	Royal Ottawa Hospital

# Funders and Donors

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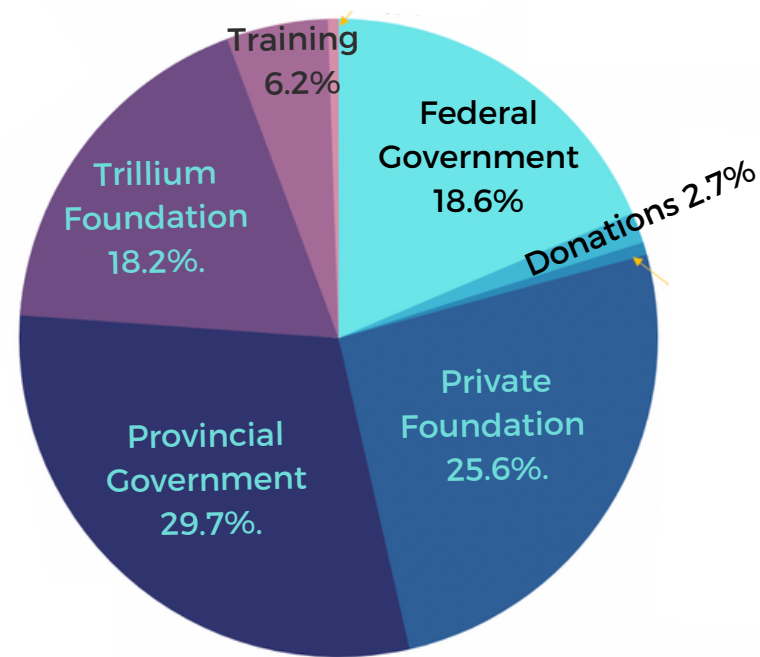
Special thanks to:

The Government of Canada  
Public Safety and Department of Justice  
The Province of Ontario  
Ministry of Children, Community and Social Services  
The Ontario Trillium Foundation Pathy Family Foundation

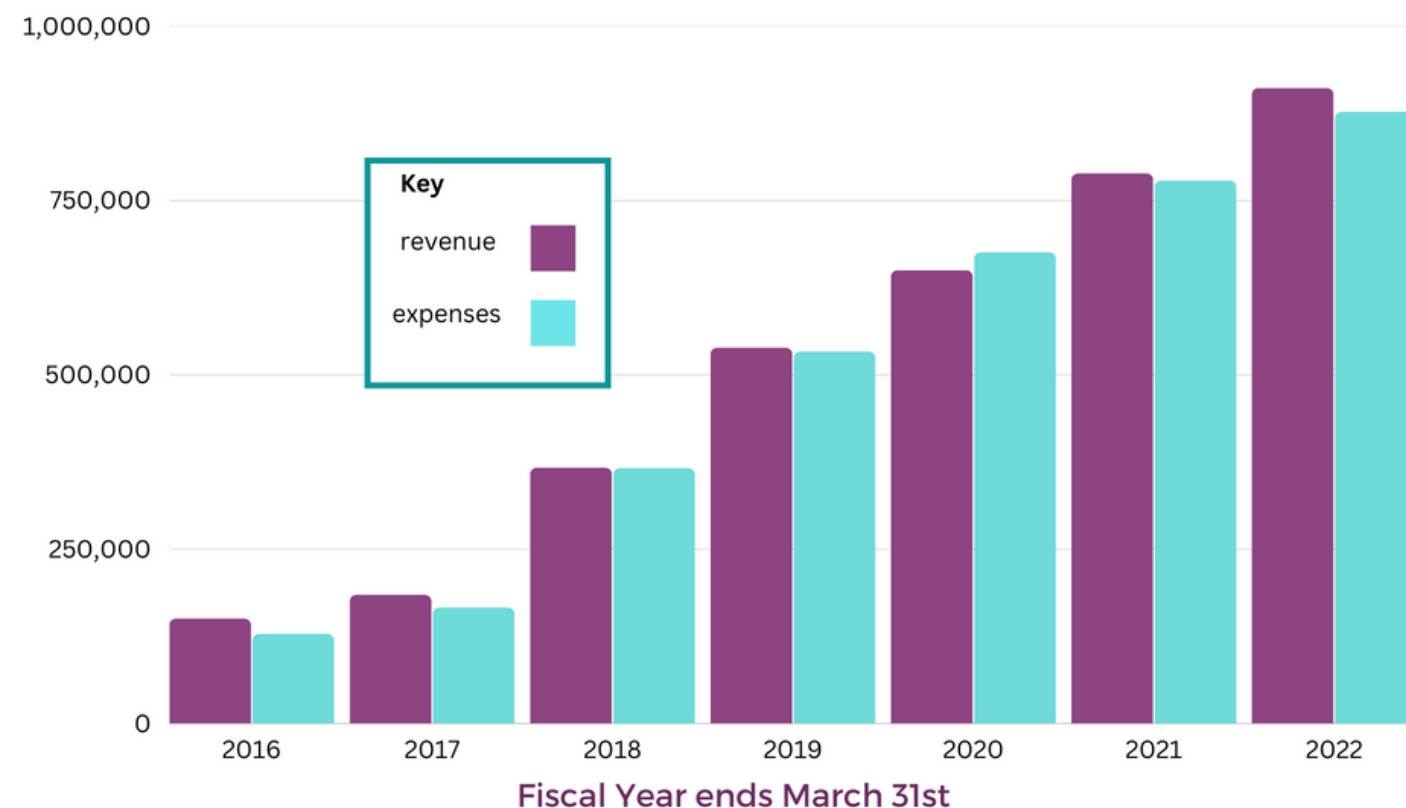
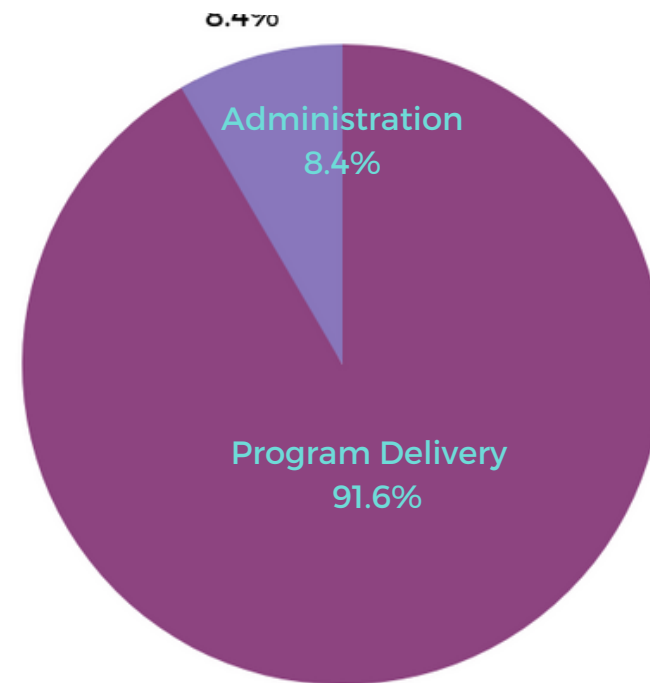
and many private donors

# Financials

## Revenue



## Expenses



## VOICE FOUND STATEMENT OF OPERATIONS FOR THE YEAR ENDED MARCH 31, 2022

	2022	2021
<b>Revenue</b>		
Grants	\$ 842,103	\$ 743,008
Donations	14,208	19,663
Program	6,588	6,150
Education	47,939	9,620
	<u>910,838</u>	<u>778,441</u>
<b>Expenses</b>		
Accounting fees *	20,167	15,917
Advertising and promotion	5,161	2,146
Amortization *	141	4,906
Bank charges and interest *	(581)	(414)
Contractors	92,457	74,081
Insurance *	8,312	8,955
Medication	2,912	10,216
Office *	44,427	48,476
Program delivery	110,029	77,517
Rent	45,244	43,958
Salaries and benefits	526,803	449,564
Telephone	13,687	15,148
Travel	7,942	27,472
	<u>876,701</u>	<u>777,942</u>
<b>Net result for the year</b>	<u>\$ 34,137</u>	<u>\$ 499</u>

\* Administration -marked with asterisk  
All others are program delivery expenses



# Message from Board Chair

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The fiscal year from April 2021 to March 2022 presented not only Voice Found, but the entire world with profound challenges as the Covid pandemic changed everything.

As Chair, I am proud of the amazing work that has been done to continue to advocate and support those who've experienced child sexual abuse, sexual exploitation and trafficking.

Our team successfully pivoted and continued excellent client care. We learned how to provide care virtually and by phone throughout these challenging times.

Our Path Found and Hope Found programs were busier than ever serving some of our most vulnerable clients who faced increasing struggles during the pandemic.

Voice Found redefined and rebranded our health clinic that serves clients with a trauma-informed approach.

Most people do not understand the special care and time that is needed to care for our clientele in a supportive manner after they have suffered traumatic events. Our team has developed and is providing training for many in the medical field so that more people can receive the care they need without being re-traumatized.

We were able to introduce a brand-new program, Strength Found set to start just as the pandemic occurred. Our staff revamped the entire program, brought it online and created a great space for adult survivors of child sex abuse to get the support they require. The responses from participants have been heart-warming and remind us why Voice Found needs to continue to exist long into the future. I wish these programs were not needed but until we can stop childhood sexual abuse the need remains.

With several new Directors, our board has an array of strengths that have helped us guide Voice Found through one of the most challenging couple years in health care and social services. The board partnered with Girls On Board to mentor a young woman as a Director, giving her a great new experience and giving our board new perspectives.

We thank our donors and funders who help make these programs possible and we ask that each of you help us continue this important work with your donations.



On behalf of the board of directors, our sincere thanks for your support

**Stacey Kirkpatrick**

# Message from Founder and CEO

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Cynthia Bland

Fiscal Year 2021-2022 was one of tremendous growth for our organization. It was also a year of many changes and additional challenges for the folks we serve, and our team.

I could not be prouder of the work done by each member of our team. Despite the many restrictions and complications with COVID, we were able to provide support to every person who needed it. We reimagined service delivery with great success.

When I started Voice Found I wanted nothing more than to ensure no one would have to endure what I did. I wanted survivors to know where and how to get support and most importantly that the support would be non-judgmental and barrier free. I wanted more people to know about the issue and outcomes of trauma experienced by those who are sexually exploited and care enough to support this cause.

I feel we made great strides this year and know that our next fiscal year will see us reaching even more people.

My sincere gratitude to our funders, donors, board of directors, and the Voice Found team who are making a positive impact on so many lives.

*Cynthia*

